



OFFICE
2080 NW Everett St. suite 203
PDX OR 97209

Phone
541.870.3488

Email
krissyindquist1@gmail.com

NAME: _____ DATE OF BIRTH: _____

ADDRESS: _____

PHONE: _____ EMAIL: _____

OCCUPATION: _____ EMPLOYER: _____

HEALTH INSURANCE CO: _____

GROUP #: _____ ID #: _____

HOW DID YOU HEAR ABOUT ACHIEVE?

GOOGLE __ YELP __ FRIEND __ FAMILY __ OTHER __

IS THIS YOUR FIRST MASSAGE? YES NO

HAVE YOU HAD ANY ILLNESSES, SURGERIES, ACCIDENTS, OR INJURIES THAT MAY STILL BE AFFECTING YOU? IF YES, PLEASE PROVIDE DATES AND DETAILS:

PLEASE INDICATE IF YOU HAVE OR HAVE HAD AND OF THE FOLLOWING CONDITIONS:

- | | |
|---|--|
| <input type="checkbox"/> JOINT PROBLEMS | <input type="checkbox"/> DIABETES |
| <input type="checkbox"/> BACK PROBLEMS | <input type="checkbox"/> OSTEOPOROSIS |
| <input type="checkbox"/> LYMPH NODE REMOVAL | <input type="checkbox"/> VARICOSE VEINS |
| <input type="checkbox"/> HIGH BLOOD PRESSURE | <input type="checkbox"/> HEART CONDITIONS |
| <input type="checkbox"/> IRRITABLE BOWEL SYNDROME OR DIGESTIVE PROBLEMS | |
| <input type="checkbox"/> BLOOD CLOTS | <input type="checkbox"/> HEPATITIS OR LIVER ISSUES |
| <input type="checkbox"/> KIDNEY PROBLEMS | <input type="checkbox"/> SKIN RASH OR DISORDER |
| <input type="checkbox"/> HIV OR AIDS | <input type="checkbox"/> CANCER |
| <input type="checkbox"/> PREGNANCY | <input type="checkbox"/> DIFFICULTY BREATHING |
| <input type="checkbox"/> ALLERGIES/SENSITIVITIES: _____ | |
| <input type="checkbox"/> CHRONIC PAIN IF SO, WHERE? _____ | |

ANY OTHER MEDICAL CONDITIONS NOT LISTED? _____

ARE YOU CURRENTLY TAKING ANY MEDICATIONS? PLEASE LIST:

REASON FOR TODAYS VISIT: SPECIFIC INJURY TREATMENT RELAX
 STRESS REDUCTION PRE/POST-EVENT TREATMENT OTHER

CONSENT FOR CARE:

I have read and understand this intake form and have completed it to the best of my knowledge and consent to this massage therapy session. I understand that massage therapy is a therapeutic health aid for the purpose of stress reduction and relief from muscular tension and is non-sexual. I understand that massage therapists do not diagnose illness, disease or any physical or mental disorder; nor do they prescribe medical treatment, pharmaceuticals, or perform spinal manipulations. I acknowledge that massage is not a substitute for medical examinations or diagnosis, and that it is recommended that I see a Primary Health Care Provider for any physical ailment I may have.

CANCELLATION & PAYMENT POLICY:

In consideration of my fellow patients and massage practitioner, I understand that a minimum of 24 hours notice is required to change or cancel an appointment. I further acknowledge that I will be held responsible for the full cost of the session should I cancel, miss or reschedule within the 24-hour time period. Payment for service is due at the time of service, unless otherwise arranged with the practitioner. The client is responsible for payment even if an insurance company is billed. In the event service is denied by insurance, the client agrees to pay for the service in full.

I agree to abide by this policy.

Signature: _____ Date: _____